

# Redundancies in the Hospitality Sector

11 November 2020

**CABA** with you for life



**WELLBEING**

Your wellbeing is at the heart of everything we do



**SUPPORT**

Our services are free, impartial and completely confidential



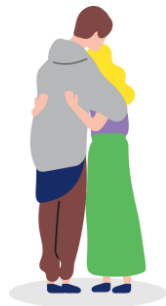
**FAMILY**

We support close family members too, including husbands, wives, life partners and children up to the age of 25



**GLOBAL**

We support chartered accountants and their families around the world



**EMOTIONAL  
SUPPORT**



**HEALTH &  
CARER SUPPORT**



**FINANCIAL  
ASSISTANCE**



**DEBT  
ADVICE**



**CAREER  
DEVELOPMENT  
SUPPORT**



**LEGAL  
ADVICE**

QWELL Your online support network Qwell is an online counselling and mental health support service available for adults, offering a safe and confidential space to talk about whatever's on your mind. You can share experiences and gain support from a community of anonymous peers and qualified professionals, as well as educate yourself on mental wellbeing. Learn more at [qwell.io/caba](https://qwell.io/caba)



## Access our Legal Helpline

- 3 free calls on topics of law including employment law

## Career Coaching

- Update your CV
- Update your LinkedIn profile
- Build your cover letter
- Access labour market information



**CABA** with you for life

## CONTACT US

Call us on  
**+44(0)1788 556 366**

Email us at  
**enquiries@caba.org.uk**

Visit  
**caba.org.uk**

Follow  
**@cabacharity**



**caba.org.uk/consent**

## WHAT OUR CLIENTS SAY ABOUT US



I see the CABA courses I did as an investment in myself and an enjoyable day out of the office where I can think creatively and strategically in new ways.

**John**



CABA were hugely helpful in my return to work and supportive in more ways than I could have imagined.

**Tim**



I'm so grateful for all of the support that CABA has given. I would recommend them to anyone for career or personal support.

**Freya**

